

SOUTHERN WOMEN'S SENIOR LEAGUE DIVISION 2 Ashford 30/05/2009

A String						B String						Points				
Club	Athlete	Perf	Grade	Pos	Pts	Club	Athlete	Perf	Grade	Pos	Pts	H	M	G	E	

Senior Women

100m

1	GG	Rachel Blackburn	13.2		1	4	1	G	Claire Tompsett	13.4		1	4			8	
2	HH	Becky Cane	13.5		2	3	2	H	Lucy Constable	14.0		2	3	6			
3	E	Lucy Barnard	13.6		3	2	3	EE	Katrina Fidler	14.4		3	2			4	
4	M	Tracey Reay	13.9		4	1	4	MM	Jenny Lundgren	16.8		4	1		2		
5							5										
6							6										
7							7										
8							8										

200m

1	GG	Rachel Blackburn	26.7		1	4	1	G	Claire Tompsett	26.9		1	4			8	
2	H	Hannah Biddiss	26.9		2	3	2	HH	Natalie Whiskin	27.8		2	3	6			
3	M	Lindsey Singer	27.3		3	2	3	E	Katrina Fidler	29.8		3	2		2		2
4	EE	Emily Alden	28.3		4	1	4	MM	Pam Rutherford	31.0		4	1		1		1
5							5										
6							6										
7							7										
8							8										

400m

1	E	Diana Norman	60.1		1	4	1	EE	Rosie Clarke	63.7		1	4			8	
2	H	Hannah Biddiss	63.3		2	3	2	MM	Pam Rutherford	67.8		2	3	3	3		
3	M	Alex Openshaw	67.0		3	2	3	HH	Becky Cane	71.7		3	2	2	2		
4							4										
5							5										
6							6										
7							7										
8							8										

800m

1	G	Emma Grant	2:17.9	G3	1	4	1	EE	Isabel Brisden	2:34.8		1	4			4	4
2	E	Rosie Clarke	2:22.2		2	3	2	MM	Jennifer Marzullo	2:46.8		2	3		3		3
3	M	Monika Kiraly	2:36.4		3	2	3	HH	Jess Donnelly	3:09.9		3	2	2	2		
4	H	Becky Collins	3:08.6		4	1	4							1			
5							5										
6							6										
7							7										
8							8										

1500m

1	E	Emily Alden	5:03.2		1	4	1	EE	Isabel Brisden	5:09.1		1	4			8	
2	M	Christine Lutsch	5:13.0		2	3	2	MM	Monika Kiraly	5:16.1		2	3		6		
3	H	Jo Blair	5:48.2		3	2	3	HH	Sandra Biddiss	7:32.7		3	2	4			
4							4										
5							5										
6							6										
7							7										
8							8										

3000m

1	G	Emma Grant	10:20.0	G3	1	4	1	E	Emily Alden	10:32.1	G3	1	4			4	4
2	EE	Isabel Brisden	10:20.6	G3	2	3	2	MM	Rachel Whittaker	11:27.2		2	3		3		3
3	M	Jenny Lundgren	10:32.9	G3	3	2	3							2			
4	H	Becky Collins	14:40.9		4	1	4							1			
5							5										
6							6										

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7						7											
8						8											

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100m HURDLES

1	E	Katie Miller	16.6		1	4	1	EE	Katrina Fidler	19.6		1	4				8
2	HH	Lucy Constable	19.5		2	3	2	H	Jenny Collins	19.6		2	3	6			
3	M	Alex Openshaw	20.6		3	2	3	MM	Tracey Reay	20.8		3	2		4		
4							4										
5							5										
6							6										
7							7										
8							8										

400m HURDLES

1	E	Julia Machin	66.0	G3	1	4	1	H	Natalie Whiskin	69.3		1	4	4			4
2	HH	Vicky Randall	68.7		2	3	2	MM	Christine Lutsch	83.4		2	3	3	3		
3	G	Claire Tompsett	73.6		3	2	3	EE	Katie Miller	90.8		3	2			2	2
4	M	Alex Openshaw	74.2		4	1	4								1		
5							5										
6							6										
7							7										
8							8										

HIGH JUMP

1	E	Julia Machin	1.75	G1	1	4	1	EE	Rosie Clarke	1.60	G3	1	4				8
2	M	Tracey Reay	1.40		2	3	2	MM	Pam Rutherford	1.25		2	3		6		
3	H	Lucy Constable	1.35		3	2	3	GG	Emma Grant	1.00		3	1.5	2		1.5	
4	G	Tara McNally	1.00		4	1	4	HH	Jenny Collins	1.00		3	1.5	1.5		1	
5							5										
6							6										
7							7										
8							8										

POLE VAULT

1	G	Tara McNally	1.50		1	4	1	M	Rachel Whittaker	1.20		1	4		4	4	
2	MM	Jennifer Marzullo	1.40		2	3	2								3		
3							3										
4							4										
5							5										
6							6										
7							7										
8							8										

LONG JUMP

1	E	Diana Norman	5.38	G2	1	4	1	EE	Lucy Barnard	5.21	G3	1	4				8
2	H	Jodie Shaw	5.21	G3	2	3	2	HH	Jenny Collins	3.87		2	3	6			
3	G	Rachel Blackburn	4.45		3	2	3	GG	Tara McNally	3.46		3	2			4	
4	M	Lindsey Singer	3.89		4	1	4	MM	Marielle Vestlund	2.05		4	1		2		
5							5										
6							6										
7							7										
8							8										

TRIPLE JUMP

1	EE	Lucy Barnard	10.42		1	4	1	E	Katie Miller	8.80		1	4				8
2	M	Alex Openshaw	8.41		2	3	2	MM	Rachel Whittaker	6.64		2	3		6		
3	G	Tara McNally	7.54		3	2	3	GG	Julie Martin	5.21		3	2			4	
4	H	Pat Oakes	7.06		4	1	4							1			
5							5										
6							6										
7							7										

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8						8										

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SHOT PUTT

1	E	Joanna Bennett	11.42	G2	1	4	1	EE	Julia Machin	11.41	G2	1	4				8	
2	H	Jodie Shaw	8.76		2	3	2	GG	Julie Martin	6.96		2	3	3			3	
3	G	Claire Tompsett	7.74		3	2	3	HH	Hannah Biddiss	6.27		3	2	2			2	
4	MM	Tracey Reay	6.47		4	1	4	M	Pam Rutherford	5.31		4	1		2			
5							5											
6							6											
7							7											
8							8											

DISCUS

1	E	Wendy Dunsford	26.94		1	4	1	EE	Joanna Bennett	25.24		1	4				8	
2	G	Julie Martin	21.94		2	3	2	GG	Tara McNally	16.61		2	3		6			
3	M	Sarah Knox	17.71		3	2	3	HH	Jess Donnelly	12.73		3	2	2	2			
4	H	Pat Oakes	15.37		4	1	4	MM	Silke Dutters	10.04		4	1	1	1			
5							5											
6							6											
7							7											
8							8											

JAVELIN

1	H	Jo Blair	45.97	G1	1	4	1	HH	Jodie Shaw	27.91		1	4	8				
2	E	Diana Norman	31.12		2	3	2	EE	Rachel Abbott	23.82		2	3				6	
3	G	Rachel Blackburn	30.17		3	2	3	GG	Julie Martin	17.61		3	2		4			
4	M	Christine Lutsch	23.85		4	1	4	MM	Monika Kiraly	8.79		4	1	2				
5							5											
6							6											
7							7											
8							8											

HAMMER

1	E	Joanna Bennett	32.43		1	4	1	EE	Wendy Dunsford	28.53		1	4				8	
2	H	Dawn Copping	25.23		2	3	2	GG	Julie Martin	20.44		2	3	3			3	
3	G	Claire Tompsett	22.09		3	2	3	HH	Pat Oakes	15.98		3	2	2			2	
4	M	Sarah Knox	16.41		4	1	4	MM	Marielle Vestlund	14.10		4	1		2			
5							5											
6							6											
7							7											
8							8											

4x100m RELAYS

1	E	Epsom & Ewell Harriers	Lucy Barnard, Diana Norman, Katrina Fidler, Katie Miller	54.7		1	4										4	
2	H	Medway and Maidstone AC	Lucy Constable, Becky Cane, Jodie Shaw, Jenny Collins	54.7		2	3					3						
3	M	Serpentine RC	Tracey Reay, Pam Rutherford, Lindsey Singer, Christine Lutsch	58.1		3	2						2					
4	G	Hillingdon AC	Claire Tompsett, Julie Martin, Rachel Blackburn, Tara McNally	62.0		4	1								1			
5																		
6																		
7																		
8																		

4x400m RELAYS

1	M	Serpentine RC	Jennifer Marzullo, Alex Openshaw, Monika Kiraly, Sarah Knox	4:48.4		1	4							4				
2	H	Medway and Maidstone AC	Becky Collins, Jess Donnelly, Natalie Whiskin, Hannah Biddiss	4:50.8		2	3					3						
3	E	Epsom & Ewell Harriers	Julia Machin, Diana Norman, Isabel Brisden, Katrina Fidler	dnf														
4																		
5																		
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7																		

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8																

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75.5 70 61.5 109

2 3 4 1

3 2 1 4

75.5 70 61.5 109

3 2 1 4

Competiton Points

Epsom & Ewell Harriers
 Hillingdon AC
 Serpentine RC
 Medway and Maidstone AC

NON SCORING

800m

Isabel Dickinson	Ashford	3:08.3	
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HAMMER

Jenny Piercy	Epsom & Ewell	25.31	G1
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