

# SML - DIVISION 3 SOUTH - MATCH 1 RESULTS Deangate Hoo 12/07/2008

A String					B String						
Pos	Club	Athlete	Perf	Grade	Pts	Pos	Club	Athlete	Perf	Grade	Pts

## 100m

1	L	Luke McNally	11.3	G3	4
2	M	Andre Wright	11.5		3
3	T	Grant Stirling	11.8		2
4	Y	Craig Jackman	12.0		1

1	LL	Jean-Paul Hazeley	11.7		4
2	TT	James Charman	12.0		3
3	MM	James Fielding	12.2		2
4	YY	Ben Radcliffe	12.3		1

## 200m

1	M	Andre Wright	23.6		4
2	T	Grant Stirling	23.9		3
3	Y	Craig Jackman	24.1		2
4	L	Romeo Beckford	24.4		1

1	MM	James Fielding	23.9		4
2	LL	Jean-Paul Hazeley	24.3		3
3	TT	S Needs	24.9		2
4	YY	Gareth Stobart	25.5		1

## 400m

1	M	Chris Haines	50.7	G3	4
2	Y	Craig Jackman	51.8		3
3	L	Bill Awere	55.6		2
4	T	S Needs	56.7		1

1	LL	Luke McNally	53.8		4
2	YY	Jonathan Hall	55.4		3
3	TT	Jamie Smith	58.3		2
4	MM	Dujon Brown	58.8		1

## 800m

1	M	James Hogg	2:03.6		4
2	L	Jacob Howe	2:07.5		3
3	Y	Mark McLaughlin	2:08.2		2
4	T	Henry Stone	2:21.4		1

1	LL	John Flahive	2:07.9		4
2	MM	Stuart Flack	2:08.6		3
3	YY	Jonathan Hall	2:10.8		2
4	TT	Simon Cullen	2:46.1		1

## 1500m

1	M	Ian Hough	4:21.9		4
2	Y	Matt Basford	4:23.1		3
3	LL	John Flahive	4:32.5		2
4	T	Henry Stone	5:07.6		1

1	YY	Ashley Williams	4:23.8		4
2	MM	Josh Elderfield	4:24.7		3
3	L	Jacob Howe	4:41.1		2
4	TT	S Smith	5:49.4		1

## 5000m

1	Y	Matt Basford	16:47.3		4
2	L	Richard Browne	16:55.5		3
3	MM	Steve Clarke	17:08.8		2
4	T	S Smith	19:50.8		1

1	LL	Paul Lemmon	17:02.1		4
2	YY	Josh Burgess	17:05.4		3
3	M	Gareth Williams	17:26.0		2

## 110m HURDLES

1	T	Grant Stirling	16.8		4
2	L	Israel Nworgu	19.9		3
3	M	Nick Slade	26.3		2
4	Y	Tim Popkin	28.1		1

1	TT	James Charman	20.4		4
2	LL	Bill Awere	21.5		3

## 400m HURDLES

1	L	Israel Nworgu	58.6		4
2	Y	Matt Basford	62.1		3
3	M	Mark Cryer	62.2		2
4	T	Simon Cullen	69.0		1

1	YY	Ashley Williams	64.0		4
2	TT	Simon Horler	70.1		3
3	MM	Nick Slade	74.8		2
4	LL	Paul Lemmon	81.8		1

## 3000mSC

1	LL	John Flahive	10:11.3		4
2	M	Nick Slade	10:45.0		3
3	T	Simon Horler	11:28.4		2
4	Y	Peter Miller	12:18.2		1

1	L	Paul Lemmon	10:41.1		4
2	MM	Stuart Flack	11:06.5		3
3	YY	Tim Popkin	12:44.6		2
4	TT	Simon Cullen	13:02.0		1

## HIGH JUMP

1	L	Lanre Ali-Balogun	1.90	G2	4
2	T	Grant Stirling	1.60		3
3	M	Chris White	1.55		2
4	Y	Craig Jackman	1.40		1

1	LL	Luke McNally	1.70		4
2	MM	Stuart Flack	1.40		3
3	TT	Simon Horler	1.40		2
4	YY	Tim Popkin	1.10		1

## POLE VAULT

1	Y	Ben Radcliffe	2.80		4
2	T	Grant Stirling	2.60		3
3	L	Jacob Howe	2.00		2
4	MM	Nick Slade	1.15		1

1	YY	Gareth Stobart	2.40		4
2	TT	Simon Horler	2.00		3
	LL	Paul Lemmon	nhr		

## LONG JUMP

1	T	Grant Stirling	6.45	G2	4
2	M	Steve Lake	6.31	G3	3
3	L	Emanuelis Stasaitis	5.97		2
4	Y	Ben Radcliffe	5.49		1

1	TT	Jamie Smith	5.68		4
2	MM	Stuart Ballard	5.60		3
3	YY	Bob Ruff	4.00		2

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### TRIPLE JUMP

1	L	Lanre Ali-Balogun	13.96	G1	4
2	T	Grant Stirling	12.98	G2	3
3	M	Steve Lake	12.46	G3	2
4	YY	Mark McLaughlin	8.96		1

1	LL	Emanuelis Stasaitis	12.26		4
2	MM	Stuart Ballard	11.45		3
3	TT	Simon Cullen	10.37		2
4	Y	Bob Ruff	7.83		1

### SHOT PUTT

1	L	Lanre Ali-Balogun	11.60	G3	4
2	TT	Adam Sharpe	9.17		3
3	MM	Stuart Hitchcock	8.81		2
4	Y	Ben Radcliffe	8.58		1

1	T	Grant Stirling	8.93		4
2	LL	Israel Nworgu	8.77		3
3	M	Matt Huntley	8.05		2
4	YY	Richard Swan	7.36		1

### DISCUS

1	L	Lanre Ali-Balogun	35.41		4
2	MM	Stuart Hitchcock	26.62		3
3	Y	Ashley Williams	26.01		2
4	T	Grant Stirling	24.81		1

1	LL	Colin Robertson	21.98		4
2	TT	Simon Horler	21.30		3
3	M	Matt Huntley	16.95		2
4	YY	Jonathan Hall	12.12		1

### JAVELIN

1	M	Matt Huntley	46.21	G3	4
2	L	Lanre Ali-Balogun	42.14		3
3	TT	Grant Stirling	37.73		2
4	Y	Ben Radcliffe	27.96		1

1	MM	Stuart Hitchcock	44.60		4
2	T	James Charman	37.52		3
3	LL	Emanuelis Stasaitis	29.22		2
4	YY	Ash Williams	24.71		1

### HAMMER

1	M	Clive Thompson	31.40		4
2	T	Simon Horler	20.81		3
3	L	Jacob Howe	18.00		2
4	Y	Gareth Stobart	14.28		1

1	MM	Matt Huntley	17.71		4
2	TT	Grant Stirling	17.44		3
3	YY	Doug Birch	12.53		2
4	LL	Paul Lemmon	6.88		1

### 4x100m RELAYS

1	T	Tunbridge Wells & Langton	S Smith, James Charman, S Needs, Grant Stirling	45.6		4
2	L	London Heathside	- , - , - , -	45.7		3
3	M	Medway and Maidstone AC	- , - , - , -	46.3		2
4	Y	Haywards Heath/Lewes	- , - , - , -	47.7		1

### 4x400m RELAYS

1	M	Medway and Maidstone AC	- , - , - , -	3:36.9		4
2	L	London Heathside	- , - , - , -	3:37.9		3
3	Y	Haywards Heath/Lewes	- , - , - , -	3:38.3		2
4	T	Tunbridge Wells & Langton	S Smith, S Needs, Grant Stirling, Simon Horler	4:03.2		1

### Meeting Result

1	L	London Heathside	4	104
2	M	Medway and Maidstone AC	3	96
3	T	Tunbridge Wells & Langton	2	84
4	Y	Haywards Heath/Lewes	1	68

BC-SML-2008